

ST. CLAIR COUNTY COMMUNITY MENTAL HEALTH AUTHORITY

PERSON CENTERED PLANNING - Basic

SELF-STUDY TEST - 2025

Instructions: Read each auestion and write the letter of the correct choice on the Attestation & Answer sheet. A score of 80% or higher is required to receive credit for this training (8 correct answers).

- Person Centered Planning is a practice that is based on a philosophy of planning for the near and long-term future.
 - a) True
 - b) False
- A Person Centered Planning meeting may be facilitated by:
 - a) The individual him or herself
 - b) A family member or friend
 - c) An independent facilitator d) Any of the above
- The individual may request changes in the PCP plan at any time.
 - a) True
 - b) False
- All individuals have a right to have their IPOS developed using a personcentered planning process.
 - a) True
 - b) False
- Prior to holding the PCP meeting, the individual should be offered the option of outside facilitation, and a pre-planning meeting is held.
 - a) True
 - b) False
- The purpose of the pre-planning meeting is to engage the individual to choose:
 - Who will attend
 - When and where the meeting will be held b)
 - What should be discussed C)
 - d) All of the above
 - e) None of the above
- The personal profile is used to tell a history, describe likes and dislikes and/or uncovers strenaths and abilities.
 - a) True
 - b) False
- Selecting activities that please the individual can empower them towards achieving their dreams.
 - a) True
 - b) False
- Individuals have a right to appeal their PCP process if the outcome is not desirable.
 - a) True
 - b) False
- The PCP process looks only at meaningful activities today, not those in the future.
 - a) True
 - b) False